



## Presentations and Training Rate Card

### **Community Presentations**

Contact Laura Baker [lbaker@thecoveringhouse.org](mailto:lbaker@thecoveringhouse.org)

**Trafficking 101 (1 to 1.5 hours):** 101 designed to provide an overview of sex trafficking and a greater understanding of The Covering House and our programs and services. This presentation is good for faith-based groups, businesses, community groups and those who are wanting to know more about how to become involved with The Covering House.

**Cost** \$100-\$200 honorarium is appreciated.

### **Reducing the Risk Training**

Contact Christina Anozie [canozie@thecoveringhouse.org](mailto:canozie@thecoveringhouse.org)

**Reducing the Risk: (2-3 hours):** Children are among the most vulnerable population to become victims of sex trafficking in the United States. The risk factors that lead to this vulnerability are vast and incorporate many components. The most common trends identified include prior involvement in the child welfare system and a past history of sexual abuse. However, any youth can be at risk of exploitation and trafficking. Reducing the Risk focuses on approaching sensitive subjects such as: understanding exploitation, how to identify safe people, navigating the internet safely, understanding healthy relationships and boundaries and defining sexual consent. This presentation is designed for youth, educators, parents and anyone working directly with youth.

**Cost:** No Charge

Reducing the Risk is free unless to anyone wanting to help prevent sex trafficking of youth unless the entity requesting is more than 50 miles from The Covering House location then cost of travel and accommodations will be required.

### **Specialized Training Areas**

Contact Christina Anozie [canozie@thecoveringhouse.org](mailto:canozie@thecoveringhouse.org)

**Rules of Care (3 hours.):** This training focuses on practical skills to build relationships with youth. Participants will learn how to direct the milieu with more than just a trauma-informed lens but a complex trauma-informed lens. While also gaining an understanding of the role of relationship in correlation with trauma sensitive programming and be able to identify behaviors as trauma reactions and how to respond appropriately as the therapeutic helper.

**Trafficking 101 Expanded (1.5 or up to 3 hours.):** This training will give participants an overview of trafficking, utilizing TCH statistics and case studies. Participants will also explore vulnerabilities of potential victims and our opportunities to intervene. This training provides important information about how pimps lure youth into the life of trafficking. An in-depth look at the trafficking subculture and language indicators will help identify potential red flags. This training can be used for parents, caregivers, leadership, youth leaders, staff of agencies working with kids, teachers etc.



**Vicarious & Secondary Trauma: A Sensory Strategy (3 hours):** This training is designed to provide education for those adults in the lives of children who have endured complex trauma. Participants will get a better understanding of trauma, the impairments that might accompany it, along with techniques on how to manage these behaviors. There will also be an opportunity to learn about what you as a therapeutic helper may need to cope and what practices you could implement to de-stress.

**Responding Therapeutically (1 to 1.5 hours):** Providing healing for survivors of complex trauma requires a multiple disciplinary team. Everyone's role is important and helps with boundaries. If we are all playing in our assigned positions, youth being served will not fall through the cracks. Our role as a therapeutic helper comes from a place of caring however, each individual role serves a specific purpose. Validation and getting the client to the person who is qualified to handle the situation is key. This training provides participants an opportunity to gain an understanding of the role they have as the therapeutic helper and responding within their competency.

**Cultural Diversity (1.5 hours):** Living in the United States, we are considered a melting pot of different cultures. Whether it's small town versus big city, urban versus rural, baby boomers versus millennials and spaghetti being served as a main course or a side dish, there are differences everywhere. This training provides participants a chance to explore culture diversity in order to become culturally competent. The training will also explore the culture of trafficking and exploitation and how it affects youth today.

**Trauma Bonding: A Problem of Attachment (2-3 hours):** Trauma bonding is an intense loyalty and bond in a relationship that is usually destructive or toxic. This "captivity" is usually maintained through manipulation and physical or emotional abuse. This type of bond is often found in sex trafficking situations. Only after time away from the unhealthy attachment can a person begin to see the destruction it caused. In essence, people need to "detox" from trauma bonds by recognizing the patterns, understanding the betrayal, choosing self-worth, and developing healthy boundaries. This training will look at what is trauma bonding, the reasons behind it, the behaviors that occur from it, and how to help a client heal from this unhealthy relationship.

#### **Training Costs**

1-2 Hours \$350

3-4 Hours \$600

6-8 Hours \$1500

No Continuing Education Credits are provided yet certifications of completion will be provided to meet state licensing standards.

\*All presentations and training can be customized to accommodate most time requirements.

\*Organizations requesting TCH services will cover travel expenses when destination is more than 50 miles away. If overnight stay is required, the organization requesting services will cover expenses for accommodation and travel.